

## The role of managers in change

**Duration:** Half day

**Maximum number of delegates:** 20

### Who is this course for?

Managers and leaders whose teams are impacted by change (or who have to implement change) who want to:

- understand what change management is and how it can contribute to project and organisational outcomes
- understand managers' key role in implementing successful change
- understand how to plan team communications and coaching, and manage resistance.

### Course content

The training will be interactive and include a combination of theory, discussion around real examples of change and practical application of change management tools. It includes:

- overview of change in organisations/projects
- exploration of what change management is
- overview of key approaches/models (including Kotter, Kübler-Ross and ADKAR®)
- reactions to change
- importance of managers' role in leading successful change
- planning communications and coaching
- resistance management.

### Benefits of attending

After attending this half day **role of managers in change**, participants will have:

- an understanding of change
- an understanding of fundamental change management concepts
- an understanding of their role in leading successful change
- applied Prosci's® ADKAR® model to real example
- developed an example communication and coaching plan for a real change
- an understanding of how to manage resistance amongst team.

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