

Introduction to Change Management

Duration: One day

Maximum number of delegates: 20

Who is this course for?

Any members of staff who want to:

- understand what change management is and how it can contribute to project and organisational outcomes
- understand how change management can improve implementation of transformation projects and therefore return on investment
- develop understanding and practical use of key change management tools to use on their own change projects.

Course content

The training day will be interactive and include a combination of theory, discussion around real examples of change and practical application of change management tools.

- Overview of change in organisations/projects
- Importance of change management to project/organisation success/return on investment
- Difference between project management and change management
- Exploration of what change management is
- Overview of key approaches/models (including Kotter, Kübler-Ross and ADKAR®)
- Reactions to change
- Group work – practical application of change tools to real examples.

Benefits of attending

After attending this one day **Introduction to Change Management**, participants will:

- understand fundamental change management concepts and principles
- understand how effective change management can improve likelihood of successful implementation of changes
- be able to use a couple of key change management approaches and tools to help plan change management activities for their change projects
- have started to create a network of colleagues across the organisation who want to improve the way change is implemented.



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